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I've very excited to announce that the Revised and Updated edition of The Magnesium Miracle launches March 7, 2014. Since

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first published, over 100,000 copies have been sold, which means that likely about a million people's lives have been positively affected. I'd like to make it More!

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The Magnesium Miracle (Revised and Updated) ISBN: 9780307557698 Length: 17 hours and 11 minutes by Carolyn Dean, M.D., N.D. Format: audiobook Published by Random House Publishing Group on December 24, 2008 Genres: Health & Fitness, Diet & Nutrition, Vitamins, Healing, Alternative Therapies Pages: 400 Buy on Amazon Goodreads. REVISED AND UPDATED 2014 EDITION Magnesium is an essential nutrient ...

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It's no wonder, then, that magnesium is a miracle mineral, as Dr.

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Carolyn Dean writes about in her book, "The Magnesium Miracle". She writes that a magnesium deficiency is linked to: Anxiety and panic attacks Asthma Blood clots Bowel disease Cystitis Depression Diabetes Dysmenorrhea Fatigue Heart disease Hypertension Hypoglycemia Inability to detoxify Insomnia

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The Magnesium Miracle, now more than ever, is the ultimate guide to a mineral that is truly miraculous. Praise for The Magnesium Miracle "Dr. Carolyn Dean has been light-years ahead of her time when it comes to the crucial mineral magnesium and its many lifesaving uses.

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